# **BARRINGTON NATURAL FARMS – BEEF CUTS LIST**

7 Crawling Stone Road, Barrington Hills, IL 60010 Farm Phone (847) 387-3568 Fax (866) 478-2828 www.barrington-natural-farms.com

### CUTS FROM A TYPICAL HALF BEEF ORDER

- 14 18 lbs. Sirloin Steaks (Approximately 6 8 steaks)
- 14 18 lbs. T-bone Steaks (Approximately 14 17 steaks)
- 20 24 lbs. Round

(Optional cutting - steaks / roasts / cube steaks - all steaks approximately 6 - 8 steaks)

- 1-1/2 lbs. 2 lbs. Flank Steak (One per half)
- 6 9 lbs. Boneless Rump Roast
- 6 9 lbs. Boneless Sirloin Tip Roast
- 40 50 lbs. Ground Beef (1 lb., 1-1/2lb. or 2 lb. packages)
- 18 22 lbs. Standing Rib (Optional cutting roasts / steaks)
- 35 45 lbs. Chuck (Optional cutting roasts / steaks)
- 6 8 lbs. Beef Stew (Optional can also be converted to Ground Beef)
- 3 5 lbs. Short Ribs (Optional can also be converted to Ground Beef)
- 4 6 lbs. Corned Beef Fresh brisket (Optional can also be converted to Ground Beef)
- 10 15 lbs. Soup Bones (Optional)

Heart/Liver/Oxtail/Tongue (Optional)

#### >>> TOTAL HALF BEEF = 175 - 225 POUNDS OF LEAN MEAT

## CUTS FROM A TYPICAL SPLIT-HALF BEEF ORDER (1/4 BEEF)

You are splitting a Half Beef with another family

- 7 9 lbs. Sirloin Steaks (Approximately 3 4 steaks)
- 7 9 lbs. T-bone Steaks (Approximately 7 8 steaks)
- 10 12 lbs. Round

(Optional cutting - steaks / roasts / cube steaks - all steaks approximately 3 - 4 steaks)

- 1 lbs. Flank Steak (One per half)
- 3 4 lbs. Boneless Rump Roast
- 3 4 lbs. Boneless Sirloin Tip Roast
- 20 25 lbs. Ground Beef (1 lb., 1-1/2lb. or 2 lb. packages)
- 9 11 lbs. Standing Rib (Optional cutting roasts / steaks)
- 15 25 lbs. Chuck (Optional cutting roasts / steaks)
- 3 4 lbs. Beef Stew (Optional can also be converted to Ground Beef)
- 2 3 lbs. Short Ribs (Optional can also be converted to Ground Beef)
- 2 3 lbs. Corned Beef Fresh brisket (Optional can also be converted to Ground Beef)
- 5 8 lbs. Soup Bones (Optional)

Heart/Liver/Oxtail/Tongue (Optional)

#### >>> TOTAL SPLIT HALF BEEF = 85 - 115 POUNDS OF LEAN MEAT

OUR BEEF PROCESSOR CAN ALSO MAKE VARIOUS TYPES OF SAUSAGE, BRATS, CORNED BEEF, SMOKED BEEF, AND BEEF JERKY FROM YOUR ORDER. INQUIRE ABOUT THE OPTIONS YOU ARE INTERESTED IN AT TIME OF ORDER.